



Facts about NAMI

- NAMI is a grass roots, self-help, support, education, and advocacy organization dedicated to improving the lives of people with severe mental illnesses – which are brain disorders – and their families.
- NAMI was founded in 1979 by 254 people and now has more than 210,000 members in over 1,200 affiliate groups in all 50 states, the District of Columbia, Puerto Rico, the US Virgin Islands, American Samoa, Guam and Canada.
- People with brain disorders are a vital and growing part of the NAMI membership and leadership.
- Most NAMI members are family members and friends of people who suffer from severe brain disorders such as:

Schizophrenia
major depression
Bipolar disorder
Panic and other severe anxiety disorders
Obsessive-compulsive disorder
Severe disorders in children and adolescents

NAMI Helpline: 1-800-950-NAMI [6264]

Volunteers staff this toll-free nationwide Help Line. They answer questions and provide referrals to local affiliate support groups and services, and they mail callers science-based information about brain disorders.

SELF-HELP

In communities all over the country, NAMI meetings are held for consumers and their families to share concerns, learn more about brain diseases, and receive emotional support and practical advice about health insurance, medical treatment, housing, employment, and community resources.

PUBLIC EDUCATION

Reducing stigma and ignorance about severe mental illness helps eliminate discrimination and restrictions on access to essential treatments and life supports such as employment, housing, health insurance, and social contact.

ADVOCACY

At the federal, state, and local levels, NAMI works to improve treatment and services for people with severe mental illness and supports increased federal funding for research into the causes of these profound disorders



*Dedicated To The Recovery And Improvement of The Quality Of Life
For All Persons Affected By Mental Illness In Kentucky*

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