NAMI Kentucky Virtual Support Groups (June)

Revised June 21, 2021

NAMI KY is continuing to offer virtual support groups during the Covid-19 epidemic. Currently, the following affiliates are offering virtual support groups for Connection and Family Support Group. This list contains those affiliates that are using a virtual software whereby they must be contacted to access the support group. We have listed contact names, phone numbers and email addresses. If you have any questions, contact Melony at NAMI Kentucky: namikyed@gmail.com or 859-550-6628.

All of the NAMI Connection and Family Support Group Meetings are open to the public. Members and non-members are permitted to attend meetings offered by other affiliates for time and day of the week convenience.

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NAMI Louisville: Family Support Group, meets the 3rd Thursday of every month at 7 PM/ via Zoom. Contact Facilitators to obtain the ZOOM link: DK Sharma (502-500-3841) or dksharma9814@gmail.com.

FB Link: https://www.facebook.com/events/753878298528155/

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NAMI Louisville: Young Adults Connection Group, Every 2nd and 4th Tuesday at 5:00PM. Facilitators are Cory Whitworth (cory.whitworth@namilouisville.org or 502-529-1424) and Ruby Bevan ((502-292-9665 or email: rubybevan.new@gmail.com) Click here to join the meeting: (Click Here to Join Meeting) Meeting ID: 755 7979 2658, Password: NAMI

FB Link: https://www.facebook.com/events/633979467293497

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NAMI Louisville: Connection Support Group, Jennifer Jarret (502-648-1564 or jeninkwando@gmail.com) or Judith Gaddie (502-450-0413 or 2900atsf@gmail.com), the Connection Facilitators. This Connection support group meets every Monday at 6:00pm and every Thursday at 12 noon. Contact Jennifer or Judith for an invitation to join either of these support group meetings.

FB Link: https://www.facebook.com/events/402608134089831/

FB Link: https://www.facebook.com/events/267397314606533/

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NAMI Louisville: Connection Support Group-This group meets every Thursday from 5pm to 6pm, EST, on ZOOM. Contact facilitators Chastity and Dante Murry for the ZOOM link at: Dante dante.murry@gmail.com (502-365-7830) & Chastity chastityj344@gmail.com (270-307-6327)

FB Link: https://www.facebook.com/events/1242090316171215/

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NAMI Louisville: Family Support Group-This group meets every Monday from 6pm to 7pm, EST, on ZOOM. Contact the facilitators Dante and Chastity Murry for the ZOOM link at: dante.murry@gmail.com (502-365-7830) & chastityj344@gmail.com (270-307-6327)
FB Link:  https://www.facebook.com/events/1086076475144953/

**NAMI Mountain Region, Wolfe, & Hazard:** Connection Support Group, meets the 2nd and 4th Thursdays 10 - 11:30 AM EST on Webex. Contact Mary Prater, (606-253-8039 or mary.prater@mtcomp.org) for a meeting invitation at the above contact information. NAMI Mountain is covering also NAMI Wolfe County and NAMI Hazard as well. We welcome those members to attend this virtual Connection support group.

FB:  https://www.facebook.com/events/373403437351076/

**NAMI Mountain Region, Wolfe & NAMI Hazard:** Family Support Group, meets the 3rd Monday of every month from 5PM to 6PM, EST via Webex. Contact Mary Prater (606-253-8039 or mary.prater@mtcomp.org), for access to this support group meeting. NAMI Mountain is covering also NAMI Wolfe County and NAMI Hazard as well. We welcome those members to attend this Family Support group support group.

FB:  https://www.facebook.com/events/792442071595354/

**NAMI Murray, Mayfield and Paducah:** Family Support Group, meets the 3rd Thursday of every month from 6:30PM - 7:45 PM CDT via Zoom. Contact the FSG Facilitator, Brenda to obtain the ZOOM link at: (270-748-6133). Nicole Champion & Hannah Sanchez are additional FSG Facilitators from NAMI Mayfield who will jointly facilitate with NAMI Murray. Both affiliates, NAMI Murray and Mayfield, are covering NAMI Paducah and we welcome NAMI Paducah members to attend. Contact Brenda only for the ZOOM link. The other facilitators may be contacted for affiliate information.

Nicole Champion 270-970-7223 nicolerchampion@gmail.com (NAMI Mayfield)
Brenda Benson 270-748-6133 or brenda.benson@murraystate.edu (NAMI Murray)
Jim Benson (NAMI Murray)
Janice Morgan 606-356-2676 or janice1613@att.net (NAMI Murray)

FB:  https://www.facebook.com/events/398841401244988/

**NAMI Lexington:** Family Support Group meets the first Monday of the month from 7:00 pm – 8:30 pm, EST. Contact Tracy to obtain the ZOOM link at: tracynamilex@gmail.com or call Tracy at 859-272-7891.

FB:  https://www.facebook.com/events/351358952598199/

**NAMI Lexington:** Family Support Group meets the second Tuesday of the month from 6:30 pm – 8:00 pm. To receive the link for this virtual support group, contact Tracy Jacobson at: tracynamilex@gmail.com or call 859-272-7891.

FB:  https://www.facebook.com/events/1066799940444501/
**NAMI Lexington:** Connection Support Group meets virtually every Sunday at 2:30PM. To attend this support group, please connect with Valerie Mudd at valeriemudd@gmail.com or go to the following link: www.namilexington.org/tracks or call Valerie at 859-272-7891.

FB: https://www.facebook.com/events/660397727882766/

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**NAMI Lexington:** Anxiety Workshop meets virtually every Saturday at 10:00AM. To attend this support group, please connect with Valerie Mudd at valeriemudd@gmail.com or go to the following link: www.namilexington.org/tracks or call Valerie at 859-272-7891.

FB: https://www.facebook.com/events/277303519208883/

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**NAMI Lexington Young People’s Connection Support Group:** This is a group for those as young as 18 to mid-30’s. This groups is facilitated by Tracy of NAMI Lexington, and it meets virtually the third Thursday of the month from 6:30 pm -7:30 pm. To access this support group meeting, email Tracy at tracynamilex@gmail.com. She will put you on the listserv to receive monthly group reminders.

FB:

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**Northern KY:** Connection Support Group, meets every Wednesday from 7:00PM - 8:30 PM EDT and every Thursday from 11:30 am- 12:30PM EDT on Zoom. Contact Mitch (859-392-1730 or mharalson@naminky.org), for the ZOOM link.

FB: https://www.facebook.com/events/3620115368098907/

FB: https://www.facebook.com/events/403923827288641

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**Northern KY:** Mitch Haralson (859-392-1730 or mharalson@naminky.org), Family Support Group, hosted every Tuesday from 7:00PM - 8:30 PM EDT on Zoom. Contact Mitch for the ZOOM link.

FB: https://www.facebook.com/events/3700232590010119/

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**Northern KY:** FOCAS (Families of Children & Adolescents with Mental Illness Support Group) is hosted every 1st and 3rd Tuesday of the month via ZOOM. To access this support group, contact Dororthy Best at dbest1954@yahoo.com or call 513-205-4118. This group is for family members of children and adolescents with mental illness. Meet other Caregivers/Family Members/Friends going through the same struggles/issues of caring for someone with mental illness. Share stories, help one another, give advice/information on help, be a support system for one another.

FB: https://www.facebook.com/events/196781428687187/
All of the NAMI Connection and Family Support Group Meetings are open to the public. Members and non-members are permitted to attend meetings offered by other affiliates for time and day of the week convenience.

Revised June 21, 2021

**NAMI Mayfield, Paducah & Murray** - Connection Support Group, Facilitators: Nicole Champion (270-970-7223 or nicole.champion@namiky.org) and Bettina Ivy (vrcbivy@yahoo.com or 270-804-2606). This support group will be hosted the first and third Thursday of the month from 6:15pm to 7:15pm, Central Standard Time. The support group is hosted via the teleconference line: Call in number: 888-537-7715 Access code: 37043982#. NAMI Mayfield is covering NAMI Paducah and NAMI Murray for Connection Support Group. All members of these affiliates are welcomed to attend.

FB Link: [https://www.facebook.com/events/2455069758131524/](https://www.facebook.com/events/2455069758131524/)

**NAMI Winchester & NAMI Heartland** - Family Support Group, Facilitator: Brenda Harrington (859-229-6843 or bebe1@bellsouth.net) This group meets virtually the first and third Mondays from 7:00PM to 8:00PM, EST. To join the support group, call 888-537-7715, access code: 37043982#. NAMI Winchester is covering NAMI Heartland for FSG support. All members of NAMI Heartland are welcomed to attend this FSG meeting with NAMI Winchester.

FB Link: [https://www.facebook.com/events/966853297153013/](https://www.facebook.com/events/966853297153013/)

**NAMI Morehead & TRISTATE (Ashland)** – Family Support Group, Facilitator: Carol Mauriello (606-356-3181 or camauriello@moreheadstate.edu) This support group meets the 2nd and 4th Tuesday from 6:00PM to 7:30PM. To join the support group, call 888-537-7715, access code: 37043982#. NAMI Morehead is covering NAMI TRISTATE for FSG support. All members of TRISTATE are welcomed to attend this meeting.

FB Link: [https://www.facebook.com/events/1507234869664743/](https://www.facebook.com/events/1507234869664743/)

**NAMI Green River, Somerset, Cumberland River (Mt. Vernon), London, Southeastern, Jackson, NAMI On Campus: EKU & UK** Connection Support Group, Facilitators: Steven Hoeck (steven.hoeck@yahoo.com or 606-282-3793 & Daniel Essek (daniel.essek@outlook.com or 606-545-2019). This Connection support group meets every Tuesday from 7pm to 8:15pm, E.S.T. To join the support group, contact Daniel or Steven to obtain access. NAMI Somerset and Southeastern are covering NAMI Jackson County, Cumberland River, Green River, London and both of our NAMI On Campus. All members of these affiliates are welcome to attend this Connection support group.

FB Link: [https://www.facebook.com/events/745041269410231/](https://www.facebook.com/events/745041269410231/)

**NAMI Maysville Buffalo Trace & TRISTATE (Ashland area) & NAMI Pasco (Florida)**- Connection Support Group, Facilitators: Charity Ward (charity485@aol.com or 513-713-4430) and
Dinah Adamson (dinahadamson@gmail.com or 606-782-3261) This Connection Support Group meets the 1st and 3rd Monday 2:00PM to 3:00PM, EST. NAMI Maysville Buffalo Trace is also covering NAMI TRISTATE and NAMI Pasco. Members of those affiliates are welcome to attend this support group. To access this meeting, contact Dinah and Charity for an invitation.

FB Link: https://www.facebook.com/events/491336218491389/

NAMI Maysville Buffalo Trace - Family Support Group, Facilitators: Sharon Darnell (sharon@namibuffalotrace.org or call 606-584-2716) This FSG meets virtually once a month the 2nd Tuesday from 6:00PM to 7:00PM, EST. This group is hosted via the conference line. To attend this meeting, one can call 888-537-7715 Access Code: 37043982#.

FB Link: https://www.facebook.com/events/673515270267491/

NAMI Madison County (Richmond & Berea), Danville, Scott County, NAMI Somerset, Cumberland River, Green River, London, and Southeastern--Family Support Group, Facilitators: Margaret Suters (mtsuters@gmail.com or 859-582-2613) & Rob Milde (859-893-5279 or rob.milde@gmail.com) This group meets the 2nd and 4th Tuesdays from 7pm to 8:30pm virtually via Microsoft Teams. To access this Family Support group, contact Margaret or Rob for an invitation. NAMI Madison County is covering NAMI Danville and Scott County. Members from these two affiliates are welcomed to attend this FSG meeting.

FB Link: https://www.facebook.com/events/391743268864169/

NAMI Madison County (Richmond & Berea), Danville & Scott County-Connection Support Group. Facilitators: Suzanne Fryman, Ellen Suters and Nikki Rothwell. This Connection support group is offered the 2nd and 4th Thursday of every month virtually from 7:00PM to 8:00PM, EST. This group is hosted virtually via Microsoft Teams. A facilitator from each affiliate represents one of the three: Ellen (Madison County), Nikki (Danville), and Suzanne (Scott County). To receive an invitation to attend this meeting, contact one of the three facilitators: Niki Rothwell (859-319-9757 or email: nikkijrothwell@gmail.com), Suzanne Fryman (859-221-6879 or email: suzanne0632@att.net) or Ellen Suters (859-200-6642 or email: ellensuters1971@gmail.com).

FB Link: https://www.facebook.com/events/3468059946645025/

NAMI Pike County, Hopkinsville, Madisonville & West Kentucky-Family Support Group. Facilitator: Beverly Jones (270-635-1492 or Beverly@namikentucky.onmicrosoft.com). This group meets the 2nd and 4th Thursday of the month from 8pm to 9pm, EST or 7pm to 8pm Central Time. This support group is hosted via Microsoft Teams and Beverly must be contacted in advance to receive an invitation. NAMI Pike County is covering NAMI Hopkinsville, Madisonville and West Kentucky for Family Support Group. All members of these affiliates are welcome to attend.
NAMI Owensboro-Family Support Group. Facilitators: Vanessa Roff & Rhoda Eldot (859-221-3465 or rhoda.eldot@gmail.com) This group meets the 2nd Thursday of the month from 7:00PM to 8:00PM, Central Standard Time. This group meets the Conference line. To join, call: 888-537-7715 Access Code: 37043982#. FB Link: https://www.facebook.com/events/775866089936330/

NAMI Owensboro & NAM Heartland -Connection Support Group. Facilitators: Vanessa Roff (vanessarooff@msn.com) & Rhoda Eldot (859-221-3465 or rhoda.eldot@gmail.com) This group meets the 2nd Tuesday of the month from 7:00PM to 8:00PM CST. This group meets the Conference line. To join, call: 888-537-7715 Access Code: 37043982#. NAMI Owensboro is covering NAMI Heartland for Connection Support Group support. All members of NAMI Heartland are welcomed to attend this Connection Support group. FB Link: https://www.facebook.com/events/359687905270376/

NAMI Butler County, NAMI Pike County, West Kentucky (Dixon), Madisonville, & Hopkinsville- Connection Support Group. Facilitators: Rebecca Coursey (rcoursey@lifeskills.com) or (270) 772-2779 or Christy Havens (chavens4295@gmail.com) or 270-999-0633 or Patty Fields (patty.fields@yahoo.com) or 606-422-2877. This group is hosted via Microsoft Teams the 1st and 3rd Tuesday of the month from 7:00PM to 8:00PM, Central Standard Time. Contact Rebecca or Christy to obtain an invitation to the support group or to learn more about NAMI Butler County. NAMI Butler County is covering NAMI Pike County, West Kentucky, Madisonville and Hopkinsville. All members from these affiliates are welcome to attend this Connection Support Group. Nathan Coleman (colemandnathan@gmail.com) or 606-210-0187 is a representative of the NAMI Pike County affiliate and is a Connection Facilitator in Training/Mentorship. FB Link: https://www.facebook.com/events/2808821376068322/

NAMI Bowling Green & NAMI Butler County- Family Support Group. Facilitators: Larry and Judy Gregory (270 303 8232 or the office number at 270-799-2606 or email: lwgregory47@gmail.com). This group meets face to face in person the 1st and 3rd Tuesday of every month from 5:30 pm to 7:00pm, CST. This meeting is hosted at the NAMI Bowling Green Wellness Connection Center located at 428 Center Street, Bowling Green, Kentucky 42101. NAMI Bowling Green is also covering NAMI Butler County for FSG support as well. Because these meetings are face to face, please bring a mask and follow the guidelines for COVID 19. Contact Larry Gregory at the above phone number or email address for more information. FB Link: https://www.facebook.com/events/3063586857076117/
NAMI Bowling Green - Connection Support Group. Facilitators: Deborah Weed (wc2600@outlook.com or call 270-796-2600) and Vicky Patterson (v.patterson2014@gmail.com). This group meets face to face in person the 1st and 3rd Tuesday of every month from 5:30 pm to 7:00pm, CST. This meeting is hosted at the NAMI Bowling Green Wellness Connection Center located at 428 Center Street, Bowling Green, Kentucky 42101. Because these meetings are face to face, please bring a mask and follow the guidelines for COVID 19. For more information, contact Deborah or Vicky.

FB Link: https://www.facebook.com/events/697092890909451/

Below are virtual trainings hosted by NAMI Kentucky. Please contact namikyed@gmail.com for more information. The virtual trainings for the NAMI Signature programs are limited unlike the face to face. Applications are first come, first serve. The NAMI signature trainings would be Connection and Family to Family Teacher Training. We do not charge a fee for our NAMI family members in other states to attend a virtual training. NAMI Smarts & Quorum and Choices in Recovery do not require a pre-registration application. To attend those one those trainings, please contact the contact person for a virtual link invitation. We will update this form monthly with changes.

NAMI Connection Facilitator Training  December 19th and 20th (9am to 5pm, EST both days) Must pre-register to take this training.

FB Link: https://www.facebook.com/events/406530407391251/

Website Link: https://namiky.org/upcoming-virtual-nami-connection-facilitator-training/ (link includes the application)

NAMI Family to Family Teacher Training January 22nd (9am to 4pm, EST) and January 23rd (9am to 3:30 pm, EST) Must pre-register to take this training by completing an intake form. This training will be taught by Liz Curtis and Anne Heard of NAMI Louisville.

FB Link: https://www.facebook.com/events/484795562915720

Website Link: https://namiky.org/namiky-virtual-family-to-family-program/ (link includes application)

NAMI SMARtS & Quorum Training December 3rd at 7:00PM to 8:15PM, EST Must pre-register by sending email to namikyed@gmail.com for a virtual invitation.

FB Link: https://www.facebook.com/events/797501147771041/

Website Link: https://namiky.org/upcoming-virtual-nami-smarts-quorum-training/
**NAMI Kentucky & Janssen Virtual Choices in Recovery** Wednesdays from 7PM to 8PM, EST
12/9/2020, 12/23/2020, 1/06/2021, 1/20/2021 and 2/03/2021 Must email namikyed@gmail for virtual invitation.

FB Link: https://www.facebook.com/events/682854825993163/

**NAMI Kentucky & NAMI Iowa Virtual Peer to Peer Teacher Training** must pre-register to take this training by completing the intake form. This training is March 13th and 14th from 9:00AM to 5:00PM.

FB Link: https://www.facebook.com/events/1067823553667119/

Webpage Link: https://namiky.org/nami-virtual-peer-to-peer-training-opportunity/

**Virtual NAMI Kentucky Microsoft Teams Training with Infused Innovations** must pre-register to take this training by emailing namikyed@gmail.com. This training is for NAMI Kentucky teachers and facilitators who are hosting support groups and trainings and classes of NAMIKY signature programs. This training is on December 16th and January 13th from 6:00PM to 7:00PM, EST. This class is being taught by Trainer Phil Magnuszewski of Infused Innovations.

FB Link: https://www.facebook.com/events/288774498108773

**Virtual NAMI Kentucky NAMI BASICS Teacher Training** NABI Kentucky and NAMI NKY are hosting our first virtual NAMI Basics Teacher Training. This training will be taught in June on the 25th, 26th and 27th. The times are as follows: Friday (4pm to 9pm), Saturday (8:30am to 6:30pm), & Sunday (8:30am to 3:15pm). This training is typically for those who already took the 6 weeks NAMI Basics class. However, if you are interested, the teachers can approve you if they feel you are appropriate. Email namikyed@gmail.com for an application or call 859-550-6628. This training will be taught by Anita Herron, TOT from NAMI National & Teacher, Susan Faris, of NAMI NKY, and Denise Stewart, NAMI Basics TOT of NAMI TN.

FB Link: https://www.facebook.com/events/319105849840534/

Website Link:

**Virtual NAMI Louisville Family to Family Class** NAMI Louisville is hosting a NAMI Family to Family class virtually starting Wed 6-8:30 beginning 1/6 thru 2/24. It will be taught by Anne Heard and Liz Curtis virtually. One must pre-register. Contact Anne at ahslp@hotmail.com or (502)762-8955.

FB Link: https://www.facebook.com/events/149576543195666

Website Link:
Virtual NAMI Ending the Silence Trainings--NAMI Kentucky is hosting two virtual Ending the Silence trainings in 2021. The first one is March 22\textsuperscript{nd} from 6pm to 9pm and the second one is June 28\textsuperscript{th} from 6pm to 9pm. Both of these are E.S.T. An application is required for vetting. Contact namikyed@gmail.com for an application or go to the website for an application, www.namiky.org. This class will be taught by Renee Labat of NAMI MN.

FB Link: https://www.facebook.com/events/219293502999728
Website Link:

Virtual NAMI Provider--NAMI Kentucky is hosting our first NAMI Provider training. This is one of our 6 new programs. The training times and dates are June 12\textsuperscript{th} & June 19\textsuperscript{th} from 9AM to 2PM each day, E.S.T. NAMI Kentucky is accepting applications for vetting purposes. Email namikyed@gmail.com or visit the website at namiky.org.

FB Link: https://www.facebook.com/events/1015708188930797
Website Link:

NAMI Smarts--NAMI Kentucky is hosting a NAMI Smarts class in 2021 virtually. This will be taught by Kelly Ruff and Beverley Jones. This is a 7 module education class starting January 21\textsuperscript{st}, 2021 from 7:00PM to 9:00PM EST. The class will decide the schedule after the first session on January 21\textsuperscript{st}.

FB Link: https://www.facebook.com/events/3871857442864772
Website Link: https://namiky.org/nami-kentucky-is-offering-our-first-virtual-7-session-nami-smarts-class-starting-on-january-21st-2021/

NAMI Kentucky Advocacy Committee Meeting--hosted December 16\textsuperscript{th}, 2020 at 12noon. If you would like to attend this meeting and be a part of the Advocacy Committee, contact Sarah Kidder at: sarah@netbhc.com or by calling 512-423-1749. This meeting is by invitation only.

FB Link: https://www.facebook.com/events/3559147317517290
Website Link:

Virtual NAMI Family Support Group Facilitator Training--hosting May 1\textsuperscript{st} and May 2\textsuperscript{nd}, 2021 in partnership with NAMI Iowa virtually. Must complete an application to be considered. Email namikyed@gmail.com to obtain an application. Note the date for this training changed to 05/01 and 05/02 of 2021.

FB Link: https://www.facebook.com/events/1732899290225951
**Virtual IOOV Training** - the date and time for this training is June 26th, 9AM to 5PM. Working in partnership with NAMI Lexington virtually, this class will be taught by Valerie Mudd and Jennifer Dishman. One must complete an application to be considered. Email namikyed@gmail.com to obtain an application.

**FB Link:** https://www.facebook.com/events/148209620273498/ or https://www.facebook.com/events/749782152360582/

**Website Link:** https://namiky.org/new-nami-in-our-own-voice-presenter-training/

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**NAMI Kentucky Conference T-shirt & tote-bag contest** - Logo contest started for the conference started 1/9/2021. The winner of this contest will have his/her logo put on the t shirt and tote-bag of the conference. The last day for entry is 9/1/2021. Email or call NAMIKY for details: namikyed@gmail.com or 859-225-NAMI.

**FB Link:** https://www.facebook.com/events/847424702683088/

**Website Link:** https://namiky.org/1243-2/

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**NAMI Kentucky Virtual Advocacy Day** - March 9th, 2021 will be our virtual NAMI Kentucky Day. We normally meet at the capitol rotunda in matching shirts and have an hour program followed by lunch and meeting our representatives. Sarah Kidder, Advocacy Coordinator, will be sending out a MS Teams link to join the event. Please email her for an invitation: sarah@netbbc.com or call 512-423-1749.

**FB Link:**

**Website Link:** https://namiky.org/2021-namiky-advocacy-day/

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**NAMI Lexington Virtual Family to Family 8 Weeks Class** - NAMI Lexington will be hosting an 8 weeks virtual Family to Family class. This class will start 2/10/2021 and the time will be 6:30PM to 9:00PM, EST. This class will run consecutively. One can register by going to this link: http://www.namilexington.org/signature-programs/family-to-family/. Tracy Jacobson is the Coordinator of this class and can be reached at tracynamilex@gmail.com or (859) 272-7891.

**FB Link:**

**Website Link:**
**NAMI Louisville Virtual NAMI Basics 6 Weeks Class**- NAMI Louisville will be hosting a 6 weeks virtual NAMI Basics class. This class will start on 4/21/21 and end on 5/26/21. This class will run consecutively from 6:00PM to 8:30PM, E.S.T. To register, contact Anne at ahslp@hotmail.com or Jill at jilljewel@yahoo.com.

**FB Link:**

**Website Link:**

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**NAMI Louisville Virtual NAMI Family to Family Class**- NAMI Louisville will be hosting a 6 weeks NAMI Family to Family Class this summer starting in June. This class will be taught by Anne Heard and Kelli Zontini of NAMI Louisville. This class will meet twice a week on the following days: 6/7, 6/9, 6/14, 6/16, 6/21, 6/23, 6/28, and 6/30. The time is 6:00PM to 8:30PM, EST. To register for this class, contact ashanti.oneal@namilouisville.org.

**FB Link:** https://www.facebook.com/events/107891428085164/  
**Website Link:**

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**NAMI Sharing Hope**- NAMI Sharing Hope is one of NAMI Kentucky’s newest programs. This a program whereby one can become a Presenter to present NAMI programs to African American communities. The training will be this spring, TBA soon. Register at NAMIKYED@gmail.com

**FB Link:**

**Website Link:** https://namiky.org/new-program-launch-2/

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**NAMI Compartiendo Esperanza** NAMI Compartiendo Esperanza is one of NAMI Kentucky’s newest programs. This a program whereby one can become a Presenter to present NAMI programs to African American communities. The training will be this spring, TBA soon. Register at NAMIKYED@gmail.com

**FB Link:**

**Website Link:** https://namiky.org/new-program-launch/

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**NAMI Family Advocate**- NAMI Family Advocate Training will be April 7th, 2021 at 10:00AM, EST. A Family Advocate supports the supported employment specialist at the community mental health centers as a volunteer liaison. They share information about NAMI with the community health centers. Register at NAMIKYED@gmail.com if you would like to become a volunteer Family Advocate.

**FB Link:**

**Website Link:** https://namiky.org/1326-2/
**NAMI Kentucky All Members Meeting** - NAMI Kentucky will be hosting 3 opportunities to attend the members meeting. Various topics will be discussed. Thursday, March 18th, at 1:00PM, March 18th, at 8:00PM, and Friday, March 19th at 1:00PM. This meeting will be for an hour. This is open to all members and was formerly called the President’s Call. Call in number: 1-888-537-7715 Passcode: 37043982#

**FB Link:**

**Website Link:**

**Affiliate Strategic Planning Sessions** - NAMI Kentucky is working with all of our affiliates on a 3 Year Strategic Planning Project. Affiliate leaders, please email namikyed@gmail.com with the date and time most convenient for your affiliate leaders. You will have your goals already. Come to our training with your execution plan and any additional goals and plans to carry them out successfully. When you register, you will receive a virtual link! See you soon!

- Friday, March 19th 3pm to 5pm
- Tuesday, March 23rd from 3pm to 5pm
- Wednesday, March 24th from 2pm to 5pm
- Thursday, March 25th from 2pm to 5pm

**FB Link:**

**Website Link:**

**NAMI Kentucky Family Advocates Meeting** - NAMI Kentucky Family Advocates will host an orientation meeting on March 30th, Tuesday, from 7:00PM to 8:00PM. This meeting is open to NAMI Kentucky Family Advocates only.

**FB**

**Website Link:**

**Virtual NAMI Family Advocate Meeting** - NAMI Kentucky will be hosting a meeting for the Family Advocates on May 20th from 7:00PM to 8:05PM, EST. This meeting is closed to Family Advocates only and the link will be shared with them only. If interested in learning more about the Family Advocate program, contact namikyed@gmail.com.

**FB**

**Website Link:**

**Virtual Stakeholder Committee Meeting** - This meeting was rescheduled from April 24th, 2021 meeting to May 8th from 11AM to 12NOON, EST. This meeting is closed and is only for Stakeholder Committee members.
**Virtual Chair Yoga & Mindfulness Class**- This class is free and open to members and non-members. NAMI Kentucky partnered with YOGA ed. to bring this class to everyone. It will be offered on June 10th, 2021 from 7pm to 8pm, EST. This class will be taught by Brynne Caleda, co-founder. This class is evidence-based and designed to teach yoga and mindfulness tools to improve one’s own wellness. To register, email namikyed@gmail.com.

FB: https://www.facebook.com/events/106114841604207
WEBSITE LINK:

**NAMI Lexington Virtual Family to Family Class**- NAMI Lexington is a hosting a virtual F2F class this summer. The next Zoom course begins June 9th, 2021 and meets for eight consecutive Wednesday evenings from 6:30 pm - 9:00 pm, EST. Topics covered include signs and symptoms of mental health diagnoses, research on the biology of brain disorders, medications, treatment methods, and strategies for handling crisis and relapse. Skill building exercises on communication, reflective listening, problem-solving, empathy, and self-care are reviewed. To register, e-mail Tracy Jacobson at racynamilex@gmail.com, phoning (859) 536-8278, or visiting http://www.namilexington.org/signature-programs/family-to-family/ scrolling to the registration form at the bottom of the page, and filling in the cells.

FB: https://www.facebook.com/events/495409544998593/
Website Link:

**Virtual NAMI Share Your Story With Law Enforcement Training** -NAMI Kentucky is partnering with NAMI NKY to bring one of our newest programs: Share Your Story with Law Enforcement. This training is to learn how to share your story with CIT and other mental health venues. This presenter program’s dates and times are TBA but will be hosted virtually in June or July 2021. To obtain an application in PDF or MS Word format, email namikyed@gmail.com.

FB: https://www.facebook.com/events/380809690037754/
Website Link:

**Virtual NAMI Faith-net Training**- NAMI Kentucky is partnering with Leaders of Tomorrow.Org to bring a series of Faithnet trainings this summer virtually. To register, email namikyed@gmail.com. The trainings are 2 hours, 6:00PM to 8:00PM, EST, the last Tuesdays of the month from June to September: June 29th, July 27th, August 31st, and September 28, 2021. Topics are TBA and will be informative.

FB: https://www.facebook.com/events/1541128109390897/
Website Link:

**Virtual NAMI Kentucky Advocacy Meeting**- NAMI Kentucky is hosting our Advocacy Meeting on June 9th at 12noon. We will discuss the 2021 Legislative Session, the General Assembly's and Executive Branch's plans for the interim, and lay the groundwork for the next meeting (which will be late summer or early fall) during which we will vote on 2022 Policy Priorities. To attend this meeting, contact Sarah Kidder at 512.423.1749 or sarah@netbbc.com

FB: https://www.facebook.com/events/1701796430012044/
Virtual NAMI Kentucky Enhancing Mental Wellness Through Writing, Recording, Telling, & Sharing Your Stories Workshop - NAMI Kentucky is hosting a virtual advocacy writing class partnering with Sylvia Lovely. This interactive workshop is designed to help you navigate the highway to attain and maintain mental wellness. Whether you are a caregiver, or simply needing guidance in your own mental wellness journey, this workshop taps into the growing evidence that story writing, recording, telling, and sharing leads to enhanced well-being as measured by resiliency and stronger interpersonal relationships. This workshop class will be to be held in two parts -- Wednesday, June 30, 2021 and Thursday, July 22 – 6:00 p.m. until 7:15 p.m. EST virtually. To register, email namikyed@gmail.com

FB: https://www.facebook.com/events/481152399825131
Website Link:

Virtual NAMIKY & Infused Innovations - NAMI Kentucky will be hosting a Microsoft Teams training virtually. If you are newly certified teacher, facilitator or presenter with a model B affiliate, please sign up for this training. We are accepting names for the class roster. This training will be taught by Matt Sepko and the times for all three sessions are 3:30PM to 4:30PM, EST. The dates are: June 22nd, June 28th and July 6th. Email namikyed@gmail.com to register.

FB: https://www.facebook.com/events/3106285006325422/
Website Link:

Virtual NAMIKY NAMI Homefront Teacher Training - NAMI Kentucky will be hosting a virtual NAMI Homefront Teacher Training class in July. We have partnered with NAMI San Mateo, California to bring this 2 day training virtually to you. It will be from 9am to 5pm, and will be the third or fourth weekend of July. This will be determined soon and posted. Applications are being accepted now. Be sure to email namikyed@gmail.com to request an application in PDF or MS Word format.

FB: https://www.facebook.com/events/311636057114081
Website Link:

Virtual Family Advocate Meeting - NAMI Kentucky will be hosting a virtual Family Advocate meeting in June. This is a closed meeting for Family Advocates only. This meeting will be hosted on June 22nd from 7pm to 8pm EST. An email will be sent to all Family Advocates with a virtual link. Anyone interested in learning more about the Family Advocate program should email: namikyed@gmail.com

FB: https://www.facebook.com/events/799927813989308
Website Link:

Virtual NAMI Quorum Training - NAMI Kentucky will be hosting a virtual NAMI Quorum training June 29th, from 4:30PM to 5:30PM, EST virtually. Quorum is NAMI Kentucky’s advocacy tool software that allows members and friends of NAMI Kentucky to advocate at the state and federal level with mental health causes in a matter of minutes. Learn how to use this tool and advocate today! To register email: namikyed@gmail.com
NAMI Kentucky Virtual Meet and Greet of the Board Members- On June 28th, 2021, EST, NAMI Kentucky is going to host our first virtual Board Members “meet and greet”. This is open to NAMI members, affiliates and friends of NAMIKY. The meet and greet is from 6pm to 7pm, EST. To obtain a virtual invitation, email namikyed@gmail.com.

Soon to be posted upcoming trainings and events:

Mental Health First Aid

NAMIKY 2021 Education Conference Registration